

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
WEEK COMMENCING Monday 28th July 2008	28	29	30	31	1	2	3
	Training for all squads as normal				NP/YD combine at Rhodesway 4.30-6.30pm	Training for all squads as normal	
WEEK COMMENCING Monday 4th AUGUST 2008	4	5	6	7	8	9	10
	NP/JD/YD/A1/ Masters combine at Shipley 7.45-9.15pm	No AM training for NP/JD. Otherwise all Squads as normal	No training for all squads				
WEEK COMMENCING Monday 11th AUGUST 2008	11	12	13	14	15	16	17
	No training for all squads						
WEEK COMMENCING Monday 18th AUGUST 2008	18	19	20	21	22	23	24
	No training for all squads			YD/NP/JD/A1/ Masters combine at Eccleshill 7pm-8.30pm	YD/Masters/A1 at Shipley 5.15-7.00am. NP/YD combine at Rhodesway 4.30-6.30pm. WE/JD as normal.	Training for all squads as normal	
WEEK COMMENCING Monday 25th AUGUST 2008	25	26	27	28	29	30	31
	No training for all squads	Training for all squads as normal	YD/NP/JD/A1/ Masters combine at Shipley 5.15-7.00am. No PM training for all squads	YD/NP/JD/A1/ Masters combine at Shipley 5.15-7.00am. YD/NP/JD/A1/ Masters combine at Eccleshill 7pm-8.30pm	YD/Masters/A1 at Shipley 5.15-7.00am. NP/YD combine at Rhodesway 4.30-6.30pm. WE/JD as normal.	Training for all squads as normal	
WEEK COMMENCING Monday 1st SEPTEMBER 2008	All training returns to normal						