

Male Short Course Records

AGE	10YRS			11/12YRS			13/14YRS			15/16YRS			17/18YRS			OPEN		
50m FREE	0:31.32	James Griffin	1988	0:28.78	James Griffin	1990	0:25.84	James Griffin	1992	0:23.68	James Griffin	1994	0:23.88	James Griffin	1995	0:23.51	Chris McCabe	1994
100m FREE	1:09.22	James Griffin	1988	1:00.64	James Griffin	1990	0:54.95	James Griffin	1992	0:50.86	James Griffin	1994	0:51.58	James Griffin	1995	0:51.58	James Griffin	1995
200m FREE	2:29.74	James Griffin	1988	2:13.66	Mark Gilhooly	1997	2:00.36	James Griffin	1992	1:52.59	James Griffin	1994	1:52.46	James Griffin	1995	1:52.46	James Griffin	1995
400m FREE	5:21.08	Russell Hartman	1990	4:41.21	Mark Gilhooly	1997	4:16.25	Mark Gilhooly	1999	4:10.14	Richard Muff	1992	4:06.16	David Lynch	1997	4:02.09	Chris McCabe	1996
800m FREE							9:37.46	Sam O'Donohoe	2008	9:29.32	Michael Bonson	2007	8:58.90	Michael Bonson	2008	8:58.90	Michael Bonson	2008
1500m FREE	20:29.47	John Kay	1985	18:04.71	James Griffin	1990	17:12.47	Mark Gilhooly	1999	16:22.46	Craig Thompson	1988	16:05.11	Steven Broadley	1998	15:55.83	Steven Broadley	2000
50m BACK	0:35.93	James Griffin	1988	0:32.83	Alexander Belk	2002	0:29.36	James Griffin	1992	0:27.00	James Griffin	1994	0:26.92	James Griffin	1995	0:26.92	James Griffin	1995
100m BACK	1:20.44	James Griffin	1988	1:09.11	James Griffin	1990	1:01.56	James Griffin	1992	0:58.40	James Griffin	1994	0:57.11	James Griffin	1996	0:57.11	James Griffin	1996
200m BACK	3:01.69	James Lund	2009	2:35.39	James Dawson	2007	2:14.91	James Griffin	1992	2:09.39	Richard Shepherd	1995	2:03.28	James Griffin	1995	2:03.28	James Griffin	1995
50m BREAST	0:42.07	James Griffin	1988	0:37.62	Benjamin Balmforth	2005	0:32.78	Lee Smith	2005	0:30.02	David Brown	2009	0:31.10	James Wild	1992	0:29.44	James Wild	1995
100m BREAST	1:32.00	David Brown	2003	1:16.52	Andrew Belton	1993	1:09.88	Mark Quinn	1992	1:06.83	Mark Quinn	1995	1:06.36	Craig Thompson	1989	1:02.75	Ian Swift	1994
200m BREAST	3:12.16	James Lund	2009	2:50.54	Andrew Belton	1993	2:30.51	Robert Wilson	1991	2:20.99	Mark Quinn	1995	2:19.57	Mark Quinn	1997	2:15.18	Ian Swift	1994
50m FLY	0:34.67	James Griffin	1988	0:32.49	James Griffin	1990	0:29.63	James Griffin	1992	0:26.46	James Griffin	1994	0:26.80	Luke Comstantine	2009	0:26.46	James Griffin	1994
100m FLY	1:20.98	James Griffin	1988	1:09.42	Benjamin Balmforth	2005	1:03.36	Sam O'Donohoe	2008	0:59.13	David Joy	1996	0:57.39	James Griffin	1995	0:57.39	James Griffin	1995
200m FLY				2:31.76	Benjamin Balmforth	2005	2:22.56	James Griffin	1992	2:09.02	James Griffin	1994	2:12.79	Luke Comstantine	2009	2:02.58	Martyn Wilby	1986
200m I.M.	2:52.92	James Griffin	1988	2:28.86	James Griffin	1990	2:17.39	Sam O'Donohoe	2008	2:07.53	James Griffin	1994	2:07.29	James Griffin	1995	2:07.16	Richard Shepherd	2001
400m I.M.	6:33.90	Russell Hartman	1990	5:13.53	James Griffin	1990	4:54.32	James Griffin	1992	4:39.43	Richard Shepherd	1995	4:34.87	Richard Shepherd	1996	4:29.18	Richard Shepherd	2000

Male Long Course Records

AGE	10YRS			11/12YRS			13/14YRS			15/16YRS			17/18YRS			OPEN		
50m FREE	0:32.85	Myles Stirk	2010	0:29.06	Isaac Ehdiel	2006	0:27.02	Benjamin Balmforth	2007	0:24.97	Dmitry Kadochnikov	2009	0:25.99	Luke Constantine	2009	0:24.97	Dmitry Kadochnikov	2009
100m FREE	1:16.27	Myles Stirk	2010	1:04.35	Isaac Ehdiel	2006	0:58.08	Sam O'Donohoe	2008	0:54.32	Dmitry Kadochnikov	2009	0:55.72	Luke Constantine	2009	0:54.32	Dmitry Kadochnikov	2009
200m FREE	2:36.92	Myles Stirk	2010	2:24.92	Alexander Belk	2002	2:08.15	Sam O'Donohoe	2008	1:56.38	Michael Goggs	2006	2:03.48	Luke Constantine	2009	1:56.38	Michael Goggs	2006
400m FREE	5:30.94	Myles Stirk	2010	5:17.45	Benjamin Balmforth	2005	4:25.50	Sam O'Donohoe	2008	4:10.38	Dmitry Kadochnikov	2009	4:27.97	Luke Constantine	2009	4:10.38	Dmitry Kadochnikov	2009
800m FREE										8:43.10	Dmitry Kadochnikov	2009	9:15.03	Michael Bonson	2008	8:43.10	Dmitry Kadochnikov	2009
1500m FREE							18:06.4	George Mack	2007	16:36.99	Michael Goggs	2006	17:49.09	Lewis Sharp	2009	16:36.99	Michael Goggs	2006
50m BACK	0:38.88	Myles Stirk	2010	0:34.38	Brendan Watson	2002	0:32.60	Sam O'Donohoe	2008	0:30.41	Ben Gill	2002	0:30.65	Brendan Watson	2006	0:30.41	Ben Gill	2002
100m BACK	1:25.82	Myles Stirk	2010	1:15.05	Brendan Watson	2002	1:07.49	Sam O'Donohoe	2008	1:04.06	Sam O'Donohoe	2010	1:05.42	Brendan Watson	2006	1:04.06	Sam O'Donohoe	2010
200m BACK	2:54.56	Myles Stirk	2010	2:41.35	Alexander Belk	2002	2:27.34	James Dawson	2009	2:16.84	Sam O'Donohoe	2010				2:16.84	Sam O'Donohoe	2010
50m BREAST	0:44.33	David Brown	2003	0:39.51	Lee Smith	2003	0:34.16	Benjamin Balmforth	2007	0:31.89	Lee Smith	2006	0:30.70	David Brown	2010	0:30.70	David Brown	2010
100m BREAST	1:41.94	James Lund	2009	1:21.30	Benjamin Balmforth	2005	1:13.61	Benjamin Balmforth	2007	1:11.97	James Dawson	2010	1:09.68	David Brown	2010	1:09.68	David Brown	2010
200m BREAST	3:29.82	James Lund	2009	3:01.94	James Dawson	2007	2:40.02	Alexander Belk	2004	2:35.96	James Dawson	2010	2:35.57	Luke Constantine	2010	2:35.57	Luke Constantine	2010
50m FLY	0:40.38	Myles Stirk	2010	0:33.46	James Dawson	2007	0:28.65	Benjamin Balmforth	2007	0:28.02	Ben Balmforth	2008	0:26.99	Luke Constantine	2009	0:26.99	Luke Constantine	2009
100m FLY	1:43.86	Harryson Stirk	2005	1:10.80	Benjamin Balmforth	2005	1:02.87	Benjamin Balmforth	2007	1:01.43	Ben Balmforth	2009	1:00.14	Luke Constantine	2009	1:00.14	Luke Constantine	2009
200m FLY	4:08.17	Harryson Stirk	2005	2:41.52	James Dawson	2007	2:22.55	Benjamin Balmforth	2007	2:20.61	James Dawson	2010	2:33.61	Michael Bonson	2008	2:20.52	Omar Hussain	2006
200m I.M.	3:01.95	Myles Stirk	2010	2:36.27	James Dawson	2007	2:22.38	Alexander Belk	2004	2:16.75	Dmitry Kadochnikov	2009	2:14.89	Luke Constantine	2009	2:14.89	Luke Constantine	2009
400m I.M.				5:38.21	Benjamin Balmforth	2005	5:00.43	Benjamin Balmforth	2007	4:55.98	James Dawson	2010	5:02.95	Luke Constantine	2010	4:55.98	James Dawson	2010

The Official City of Bradford Swimming Club Records are based on the following criteria;

They must take place in a 25m or 50m pool with electronic timing

The swimmer must be representing the City of Bradford at the time

The swimmers age is based on age at 31st December

Contact Lindsay Morgan with any updated records

Last Update: 30/05/2010